

Agency Addresses

American Legion Carson Wilson Rigney Forrester Post #1 1120 E 8th Street, Tulsa 74120.....	918-584-4274
American Legion Post #308 11328 E Admiral Place, Tulsa 74116.....	918-437-4308
American Red Cross - Tulsa Area Chapter 10151 E 11th Street, Tulsa 74128.....	918-831-1109
Associated Centers for Therapy 7010 S Yale, Ste. 215, Tulsa 74136.....	918-492-2554
Blue Star Mothers of Oklahoma 2198 S Sheridan, Tulsa 74129.....	918-834-7777
City of Tulsa Housing Authority 415 E Independence, Tulsa 74106.....	918-582-0021
City of Tulsa Office of the Mayor 175 E 2nd Street, Tulsa 74103.....	918-596-7411
Disabled American Veterans #32 James E. Bracy 3131 E Pine Street, Tulsa 74110.....	918-834-4643
Jack C. Montgomery VA Medical Center 1011 Honor Heights, Muskogee 74401.....	918-577-3000
Oklahoma Air National Guard and Reserve Center 9121 E Mustang Street, Tulsa 74115.....	918-833-7732
Oklahoma Dept. of Veterans Affairs - Veterans Center 3001 W Blue Starr Drive, Claremore 74018.....	918-342-5432
Oklahoma National Guard and Reserve Center 7520 W 41st Street, Tulsa 74107.....	918-832-6539
OSU - Tulsa 700 N Greenwood Avenue, Tulsa 74106.....	405-744-6868
Tulsa Community College - Metro Campus 909 S Boston, Student Union, Room 208.....	918-595-7000
Tulsa Community College - Northeast Campus 3727 E Apache, Tulsa 74115.....	918-595-3418
Tulsa Technology Center 3420 S Memorial, Tulsa 74145.....	918-828-5200
Twelve & Twelve, Inc. 6333 E Skelly Drive, Tulsa 74135.....	918-664-4224
USVA Behavioral Health Clinic 10159 E 11th Street, Ste. 100.....	918-610-2000
USVA Ernest Childers Outpatient Clinic 9322 E 41st Street, Tulsa 74145.....	918-628-2500
Vet Center 1408 S Harvard, Tulsa 74112.....	918-748-5105
Veterans Benefits Administration 125 S Main Street, Muskogee 74401.....	800-827-1000
Workforce Oklahoma 14002 E 21st Street, Ste. 1030, Tulsa 74120.....	918-796-1200

**For Help on the Home Front...
One call connects you
to the resources you need.**

Information about comprehensive community resources available to families in need, including military families, is available by calling 2-1-1.

- Health Care -
- Clothing and Food -
- Suicide Intervention -
- Housing and Shelter -
- Rent and Utility Assistance -
- Job Placement -
- Legal Assistance -
- Personal & Family Counseling -
- Childcare Services -
- Senior Services -
- Disability Services -
- Domestic Violence Assistance -
- Mental Health Services -
- Volunteer Opportunities -

2-1-1 is a free and confidential information and referral service available by phone 24 hours a day.

For more information, visit www.211tulsa.org/military.htm or www.tulsaveterans.com

2-1-1 Helpline is a program of the Community Service Council, a United Way member agency.



A large graphic with a background of an American flag. It features three photos: a man in military uniform with a woman and child, a man in military uniform with a woman and child, and a man in military uniform with a woman and child. The text "Help on the Home Front" is written in large white letters. Below it, "A Military Resource Guide for Tulsa, Oklahoma" is written in orange. Further down, "Developed in collaboration with the City of Tulsa Mayor's Office and 2-1-1 Helpline" is written in orange. At the bottom, there are logos for 2-1-1 (Get Connected. Get Answers.) and the City of Tulsa (A New Kind of Energy.).

Help on the Home Front

**A Military Resource Guide
for Tulsa, Oklahoma**

**Developed in collaboration with the
City of Tulsa Mayor's Office
and 2-1-1 Helpline**



Education and Employment Services

□ **Oklahoma State University - Tulsa**
Veterans Benefits Liaison.....405-744-6868
M-F 8AM-5PM

□ **Tulsa Community College**
Educational Opportunity Center918-596-8600
Veterans Benefits Liaison.....918-595-7279
M-F 8AM-5PM

□ **Tulsa Technology Center**
Career Services Center.....918-828-5200
M-F 7:30AM-4:30PM

□ **Workforce Oklahoma**
One Stop Career Center918-796-1200
M-F 8AM-5PM

Family Support

□ **Associated Centers for Therapy**
Get Connected Military Support Group.....918-492-2554 x750
Second and fourth Saturday, 10-11:30AM

□ **American Legion Carson Wilson Rigney Forrester Post #1**
Emergency Financial Assistance.....918-584-4274
T, Th 9AM-2:30PM

□ **American Legion Post #308**
Emergency Financial Assistance.....918-437-4308
M-F 8AM-5PM

□ **American Red Cross - Tulsa Area Chapter**
Armed Forces Emergency Services918-831-1109
M-F 8:30AM-4:30PM

□ **Blue Star Mothers of Oklahoma - Tulsa**918-834-7777

□ **Community Alliance Resource & Diversion Services**
Mediation & Coping with Deployment Services918-607-7996

□ **City of Tulsa Housing Authority**
Family Assisted Housing - Veterans.....918-582-0021
M-F 8AM-5PM

□ **Disabled American Veterans #32 James E. Bracy**
Emergency Financial Assistance.....918-834-4643
T-Th 9AM-4PM

□ **Okla Air National Guard**
Air Wing Coordinator918-833-7732

□ **Okla National Guard**
Family Support.....918-832-6539

Health Care, Mental Health Care and Benefits

□ **American Legion Carson Wilson Rigney Forrester Post 1**
Claims Assistance918-584-4274
T, Th 9AM-2:30PM

□ **Disabled American Veterans #32 James E. Bracy**
Claims Assistance.....918-834-4643
T-Th 9AM-4PM

□ **Jack C. Montgomery VA Medical Center**
Muskegee Center580-482-4781

□ **National Association for Black Veterans**
Claims Assistance.....918-289-5498

□ **Okla Department of Veterans Affairs**
Veterans Center - Claremore918-342-5432
Claims & Benefits.....888-655-2838

□ **TRICARE/CHAMPUS**.....800-444-5445

□ **USVA Ernest Childers Outpatient Clinic**
Intensive Outpatient Substance Abuse Clinic.....918-764-7243
M-F 8AM-4:30PM
Veterans Outpatient Clinic.....918-628-2500
M-F 7:30AM-4PM

□ **USVA Behavioral Health Clinic**
Veterans Mental Health Clinic.....918-610-2000
M-F 8AM-4:30PM

□ **Vet Center**
Veterans Counseling.....918-748-5105
M-F 8 AM-4:30PM

Veterans' Services

□ **City of Tulsa Office of the Mayor**.....918-596-7411
M-F 8AM-5PM

□ **Congressional Delegation - Tulsa County Area**
Sen. James Inhofe918-748-5111
Sen. Tom Coburn.....918-581-7651
Rep. John Sullivan.....918-749-0014

□ **Disabled American Veterans #32 James E. Bracy**
Support Groups.....918-834-4643
T-Th 9AM-4PM

□ **Folds of Honor Foundation**.....918-494-8823

□ **Iraq & Afghanistan Veterans of America**.....212-982-9699

□ **Marine Corps League for Oklahoma**918-691-6407

□ **Military and Veterans Resource Center and Lounge**
Tulsa Community College, Metro Campus918-595-7000
M-F 8AM-8PM

Tulsa Community College, Northeast Campus.....918-595-3418
M-F 9AM-5PM

□ **Military and Veterans Resource Lounge**
Tulsa International Airport, Terminal A Post Security South of Gate 20
Su-Sa, 4AM-11:30PM

□ **National Association for Black Veterans Service Office**..918-595-3418

□ **Okla Department of Veterans Affairs**405-521-3684

□ **Twelve and Twelve, Inc.**
Bryce House918-664-4224
Veterans' residential substance abuse recovery program.

□ **USVA**
Okla Chapter of Blind Veterans Association.....918-764-7215
M-F 9AM-2PM
Seamless Transition Program800-827-1000
Veterans Assistance800-827-1000
M-F 7:30AM-4:30PM

□ **Vet Center**
Veterans Outreach918-748-5105
M-F 8 AM-4:30PM

□ **Veterans Benefits Administration**
Regional Office - Muskogee800-827-1000
M-F 7:30AM-4PM

□ **Veterans' Families United Foundation**.....405-535-1925

□ **Veterans of Foreign Wars Post 577**.....918-585-9148
Tu-F 8AM-3PM

Hotlines and Websites

□ Iraq & Afghanistan Veterans of America212-982-9699

□ Military One Source800-342-9647

□ National Military Family Association800-260-0218

□ National Veterans Suicide Prevention Hotline800-273-8255

□ United Service Organization (USO).....703-908-6400

□ Wounded Soldier and Family Hotline.....800-984-8523

□ American Legion Post #1.....www.tulsapost1.com

□ Army Families Onlinewww.armyfamiliesonline.org

□ Blue Star Mothers of Oklahoma—Tulsa.....www.okbluestartmothers.org

□ Folds of Honor Foundationwww.foldsofhonor.org

□ Marine Parentswww.marineparents.com

□ Military Advantage.....www.military.com

□ Military Spousewww.milspouse.org

□ Military Order of the Purple Heart - Okla.....www.purpleheartoklahoma.com

□ National Association for Black Veteranswww.nabvets.com

□ USA 4 Military Familieswww.usa4militaryfamilies.dod.mil

□ Vietnam Veterans of Americawww.geocities.com/vva2160k

□ VFW Post 577www.vfwpost577.org

□ Green Country Military Officers Assoc.www.gcmooa.org

□ Marine Corps Coordinating Council - Okla..www.oklahomamarines.org

Special Activities

□ **Tulsa Air & Space Museum**.....
Museum offers \$5 admission to those persons with military ID to Hangar One
Museum or Planetarium and \$8 admission for both attractions.

□ **Tulsa Zoo and Living Museum**.....918-669-6600
Zoo offers free weekday admission to Tulsa families who have an immediate
family member deployed on active duty.
M-F 9AM-5PM

□ **Big Splash Water Park**918-749-7385
Big Splash offers free admission on the first Monday of each month to military
reservists, National Guard or active duty personnel with an Armed Forces ID.
All family members receive \$5.00 admission.