



Dial 2-1-1 to Connect to Help

Dial 2-1-1 Helpline Health and Human Services Information & Referrals

- ★ Financial Assistance, Housing, Counseling, Health Care and more
- ★ Information on low-cost services offered by hundreds of agencies

2-1-1 is a Free, Confidential Service

- ★ Available by phone 24 hours a day, 7 days a week
- ★ Information, referral, problem solving and advocacy
- ★ Resource directories and other products for helping professionals
- ★ Service specialists fluent in English and Spanish
- ★ Translation services available to serve other languages

2-1-1 Helpline Serves 12 Counties:

- ★ Adair, Cherokee, Creek, McIntosh, Muskogee, Okfuskee, Okmulgee, Rogers, Sequoyah, Tulsa, Wagoner and southern Osage

You can also reach 2-1-1 by dialing 918-836-HELP (4357) or toll-free 877-836-2111. Find help online at www.211tulsa.org.

2-1-1 Helpline is a program of the Community Service Council of Greater Tulsa, a United Way member agency. Donations may be made through www.211tulsa.org/support.htm.

Make 2-1-1 Your First Call to Find...

- ★ Childcare Services
- ★ Clothing
- ★ Counseling
- ★ Crisis Intervention
- ★ Disability Services
- ★ Domestic Violence Services
- ★ Food
- ★ Healthcare
- ★ Housing
- ★ Job Placement
- ★ Legal Assistance
- ★ Rent Assistance
- ★ Senior Services
- ★ Utility Assistance
- ★ And more...

